

AMABWIRIZA YA KOMISERI MUKURU WA RCS N° 017/2022 YO KU WA. 25/06/2022 AGENA AMAFUNGURO AHABWA ABAGORE BA TWITE, ABONSA N'ABANA BABANA NA BA NYINA MURI GEREZA.

KOMISERI MUKURU WA RCS

Ashingiye ku Itegeko n° 34/2010 ryo kuwa 12/11/2010 rishyiraho Urwego rw'Igihugu Rushinzwe Imfungwa n'Abagororwa rikanagena imitunganyirize n'imikorere byarwo, cyane cyane mu ngingo yaryo ya 12 na 33.

Ingingo ya mbere: icyo aya mabwiriza agamije

Aya mabwiriza agamije gushyiraho amafunguro ahabwa abagore batwite, abonsa n'abana babana na ba nyina muri Gereza.

Ingingo ya 2 : Ubusobanuro bw'amagambo

Muri aya mabwiriza, ijambo « umwana » risobanura umwana wese uri muni y'imyaka itatu (3) y'amavuko.

Ingingoya 3 : Gusuzumwa kwa Muganga

Mbere y'uko umugore utwite ajyanwa muri Gereza, abanza gusuzumwa n'abaganga ba Gereza, kugirango bamenye imiterere y'ubuzima bwe kandi bafate ingamba zo kumukurirana no kumwitaho hashingiwe kubyagaragajwe na muganga.

Nyuma yo gusuzumwa, uwo bemeje ko atwite atangira gukurikiranwa no kwitabwaho hashingiwe ku mpapuro yisuzumishirijeho.

Ubuyobozi bwa Gereza bwihutira gufata ingamba zigamije kubungabunga ubuzima bw'umugore utwite.

Ingingo ya 4: Amafunguro n'ibiyagize

Urutonde rw'amafunguro agenerwa abagore batwite, abonsa n'abana babana na ba nyina muri gereza biri k'umugereka w'aya mabwiriza.

Ingingoya 5 : Igihe amabwiriza atangira gukurikizwa

Aya mabwiriza atangira gukurikizwa k'umunsi yashyiriweho umukono na Komiseri Mukuru wa RCS.

Bikorewe I Kigali, kuwa 25/06/2022

Juvenal MARIZAMUNDA
CGP
Komiseri Mukuru wa RCS



UMUGEREKA W'AMABWIRIZA YA KOMISERI MUKURU WA RCS N°.....YO KU WA.../.... /2022 AGENA AMAFUNGURO AHABWA ABAGORE BA TWITE N'ABONSA, N'ABANA BABANA NA BANYINA MURI GEREZA.

MENU Y'ABANA BABANA NA BANYINA MURI GEREZA (1076 Kcal)

IBIGIZE IFUNGURO	INGANO KU MWANA UMWE KU MUNSI
Umunsi wa 1	
Umuceli (g)	100
Ibishyimbo (g)	50
Sosoma (g)	50
Amata y'inka (ml)	80
Amavuta	15
Imboga rwatsi (g)	50
Umunyu (g)	3
Isukari(g)	10
Umunsi wa 2	
Igitoki(g)	300
Inyama(g)	150
Sosoma	70
Amata y'inka (ml)	100
Amavuta (ml)	15
Karoti (g)	100
Umunyu (g)	3
Isukari (g)	10
Umunsi wa 3	
Ibirayi (g)	300
Amashaza/urunyogwe (g)	100
Sosoma (g)	50
Amata y'inka (ml)	100
Amavuta (ml)	15
Imboga rwatsi (g)	100
Umunyu (g)	3
Isukari(g)	10
Day 4	
Umuceli (g)	100
Ibishyimbo (g)	50
Sosoma (g)	50



Amata y'inka (ml)	80
Amavuta	15
Imboga rwatsi (g)	50
Umunyu (g)	3
Isukari(g)	10
Umunsi wa 5	
Ibirayi (g)	300
Amashaza/urunyogwe (g)	100
Sosoma (g)	50
Amata y'inka (ml)	100
Amavuta (ml)	15
Imboga rwatsi (g)	100
Umunyu (g)	3
Isukari(g)	10
Umunsi wa 6	
Kaunga (g)	100
Indagara z'umunyu (g)	50
Sosoma(g)	50
Amata y'inka(ml)	100
Amavuta (ml)	15
Imboga rwatsi (g)	100
Amacunga(g)	50
Umunyu	3
Isukari (g)	10
Umunsi wa 7	
Igitoki(g)	300
Inyama(g)	150
Sosoma	70
Amata y'inka (ml)	100
Amavuta (ml)	15
Karoti (g)	100
Umunyu (g)	3
Isukari (g)	10

MENU Y'ABAGORE BATWITE N'ABONSA MURI GEREZA (2900 Kcal)

IBIGIZE IFUNGURO	INGANO Y'IBIRIBWA KU MUGORE UTWITE /WONSA KU MUNSI
Umunsi wa 1	
Amata y'inka (ml)	500
Ibishyimbo (g)	250
Umunyu(g)	8



Ibigori(g)	300
Sosoma(g)	150
Ifu y'amasaka(g)	100
Isukari (g)	25
Amavuta(ml)	25
Umunsi wa 2	
Ibishyimbo (g)	250
Umuceri (g)	150
Umunyu(g)	8
Imboga rwatsi(g)	100
Ibigori (g)	300
Inyama(g)	100
Sosoma(g)	150
Ifu y'amasaka(g)	100
Amavuta(g)	25
Isukari(g)	25
Umunsi wa 3	
Amata y'inka(g)	500
Ibishyimbo(g)	250
Umuceri(g)	200
Umunyu(g)	8
Imboga rwatsi(g)	100
Ibigori(g)	300
Indagara(g)	100
Ubunyobwa(g)	60
Ifu y'amasaka(g)	100
Amavuta(g)	25
Isukari (g)	25
Umunsi wa 4	
Ibishyimbo(g)	250
Igitoki(g)	200
Umunyu(g)	8
Ibirayi(g)	200
Imboga rwatsi(g)	100
Ibigori(g)	300
Inyama (g)	150
Sosoma(g)	200
Isukari(g)	25
Ifu y'amasaka(g)	100
Amavuta(g)	25
Umunsi wa 5	
Amata y'inka(ml)	500
Ibishyimbo(g)	250
Umunyu(g)	8



Ibigori(g)	300
Sosoma(g)	150
Ifu y'amasaka(g)	100
Amavuta(g)	25
Isukari(g)	25
Umunsi wa 6	
Ibishyimbo(g)	250
Umuceri(g)	150
Umunyu(g)	8
Imboga rwatsi(g)	100
Ibigori(g)	300
Inyama(g)	100
Sosoma(g)	150
Ifu y'amasaka(g)	100
Amavuta(ml)	25
Isukari(g)	25
Umunsi wa 7	
Amata y'inka(g)	500
Ibishyimbo(g)	250
Umuceri(g)	200
Umunyu(g)	8
Imboga rwatsi(g)	100
Ibigori(g)	300
Indagara(g)	100
Ubunyobwa(g)	60
Ifu y'amasaka(g)	100
Amavuta(g)	25
Isukari (g)	25

